

## BIOGRAPHICAL SKETCH

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NAME <b>GRUBAUGH, Anouk L. (PhD)</b>	POSITION TITLE Career Development Awardee CDA-2, REAP, Research Service (VAMC); Assistant Professor, Dept of Psychiatry & Behavioral Sciences (MUSC)
e-RA COMMONS USER NAME GRUBAUGH	

EDUCATION/TRAINING (*Begin with baccalaureate or other initial professional education, such as nursing, and include postdoctoral training.*)

NAME, LOCATION OF INSTITUTION	DEGREE ( <i>if applicable</i> )	YEAR AWARDED	FIELD OF STUDY
University of Florida, Gainesville, FL	B.S.	1995	Psychology
University of Missouri-St. Louis, MO (APA Accredited Program); Advisor: Patricia Resick, Ph.D.	M.A.	1999	Clinical Psychology
University of Missouri-St. Louis, MO; (APA Accredited Program); Advisor: Patricia Resick, Ph.D.	Ph.D.	2003	Clinical Psychology
<b>Postdoctoral Training</b>			
Medical University of South Carolina, Department of Psychiatry and Behavioral Sciences, Charleston, SC (Mentor: B. Christopher Frueh, Ph.D.)	Postdoctoral Fellow	2003-2005	Clinical Psychology

### A. Positions and Honors.

#### **Positions and Employment:**

08/97-08/99 Graduate Res Assistant, Center for Trauma Recovery, Univ of Missouri, St. Louis, MO  
 08/01-12/01 Graduate Res Assistant, Center for Trauma Recovery, Univ of Missouri, St. Louis, MO  
 03/98-08/01 Grad Psychology Trainee, Community Psychological Services, Univ of Missouri, St. Louis, MO  
 08/99-08/01 Grant Coord & Graduate Clinic Asst, Ctr for Trauma Recovery, Univ of Missouri-St. Louis, MO  
 08/01-07/02 Graduate Research Assistant, Department of Psychology, University of Missouri-St. Louis, MO  
 08/02-08/03 Pre-Doctoral Psychology Intern, Charleston Psychology Internship Consortium, Dept of Veterans Affairs/Medical University of South Carolina (MUSC) & National Crime Victims Center, Charleston, SC  
 10/03-07/05 NIMH Postdoctoral Fellow, Dept of Psychiatry & Behavioral Sciences, MUSC, Charleston, SC  
 01/06-12/07 Assoc Inv/Research Health Scientist, Res Service, Ralph H. Johnson VAMC, Charleston, SC  
 08/05-Pres Assistant Professor, Dept of Psychiatry & Behavioral Sciences, MUSC, Charleston, SC  
 01/08-Pres Career Devel Awardee CDA-2, TREP Res Service, Ralph H. Johnson VAMC, Charleston, SC

#### **Other Experience and Professional Memberships:**

##### **Professional Memberships:**

*International Society for Traumatic Stress Studies; Amer. Psychological Assoc.*

**Editorial Experience:** Editorial Board: *J of Trauma Practice*; Ad hoc reviewer: *J of Abnormal Psych; Dep & Anx; American J of Psych; Psychol Services; Trauma & Dissociation; J of Traumatic Stress; Psychol Med; J of Psychopathology & Behav Assessment; CNS Spectrums; Psych Serv; Psychol Assessment; & Behav Ther.*

**Honors:** Recipient NIH Loan Repayment Award, 2004-2006; 2006-2007; NIMH Funded Pre-Doctoral Fellowship- Grant T32-MH018869: *Child and Adult Trauma Victims: A Training Program*; PI: Dean G. Kilpatrick, Ph.D. (\$18,950), 2002-2003; Minority Graduate Fellowship, University of Missouri-St. Louis (\$6,000), 1997-1999; Psi Chi National Honor Society in Psychology, 1995; Phi Beta Kappa, 1995; Graduated Summa Cum Laude, University of Florida, 1995; Albert Gilchrist Scholarship, University of Florida, 1993-1995

## **B. Selected peer-reviewed publications** (Selected from a total of 38 publications)

1. **Grubaugh AL**, Frueh BC (2006). Intimate partner violence among adults with severe mental illness. (peer-reviewed letter). *J Clin Psych*, 67, 1472-1473.
2. **Grubaugh AL**, Monnier J, Magruder KM, Knapp RG, Frueh BC (2006). Female veterans seeking medical care at VA prim care clinics: Psychiatric & medical illness burden. *Women & Health*, 43, 41-62.
3. Frueh BC, Cusack KJ, **Grubaugh AL**, Sauvageot JA, Wells C (2006). Clinicians' perspectives on CBT for PTSD among persons with severe mental illness. *Psych Services*, 57, 1027-31.
4. **Grubaugh AL**, Frueh BC, Elhai JD, Monnier J, Knapp RG, Magruder KM (2006). Racial differences in psychiatric symptom patterns and service use in VA primary care clinics. *Psych Services*, 57, 410-413.
5. Cusack KJ, **Grubaugh AL**, Knapp RG, Frueh BC (2006). Unrecognized trauma and PTSD among public mental health consumers w/chronic & severe mental illness. *Comm Ment Health J*, 42, 487-500.
6. Elhai JD, Lindsay BM, Gray MJ, **Grubaugh AL**, et al (2006). Examining the incremental value in using both frequency & intensity symptom ratings in PTSD assessment. *J Nerv & Ment Dis*, 194, 940-944.
7. Frueh BC, Sauvageot JA, **Grubaugh AL** (2006). Perceptions of elderly former POWs regarding care and benefits provided by the VA System: A qualitative Study. *J Trauma Practice*, 5, 1-11.
8. **Grubaugh AL**, Elhai JD, Cusack KJ, Wells C, Frueh BC (2007). Screening for PTSD in public-sector mental health settings: The diagnostic utility of the PTSD Checklist. *Dep & Anx*, 24, 124-129.
9. Cusack KJ, Wells C, **Grubaugh AL**, Hiers TG, Frueh BC (2007). An update on the South Carolina Trauma Initiative. *Psych Services*, 58, 708-710.
10. **Grubaugh AL** and Resick PA (2007). Posttraumatic growth in treatment-seeking female assault victims. *Psych Qrtly*, 78, 145-155.
11. Frueh BC, Monnier J, Yim E, **Grubaugh AL**, Hamner M, Knapp RG (2007). Telepsychiatry service delivery for posttraumatic stress disorder: A randomized trial. *J Telemed and Telecare*, 13, 142-147.
12. Cusack K, **Grubaugh A**, Yim E, Knapp R, Robins C, Frueh, BC (2007). Are there racial differences in the experience of harmful or traumatic events w/in psychiatric settings? *Psych Qrtly*, 78, 101-115.
13. Borckardt JJ, **Grubaugh AL**, Pelic CG, Danielson CK, Hardesty SJ, and Frueh BC (2007). Enhancing patient safety in psychiatric settings. *Journal of Psychiatric Practice*, 13, 355-361.
14. **Grubaugh AL**, Frueh BC, Zinzow HM, Cusack KJ, Wells C (2007). Patients' perceptions of care and safety within psychiatric settings. *Psychol Services*, 4, 193-201.
15. Frueh BC, Monnier, J, **Grubaugh AL**, Elhai JD, Yim E, et al (2007). Therapist adherence & competence w/manualized CBT for PTSD delivered via videoconferencing technology. *Behav Mod*, 31, 856-66.
16. Hardesty S, Borckardt JJ, Hanson R, **Grubaugh AL**, Danielson C, Madan A, Weinstein B, Hogarth T, Pelic C, Hazy J, Shoemaker M (2007). Evaluating initiatives to reduce seclusion and restraint in inpatient psychiatric healthcare settings: A managerial perspective on enhancing performance improvement project methodology. *J of Healthcare Qual*, 29, 46-55.
17. Zinzow HM, **Grubaugh AL**, Monnier J, Suffoletta-Maierle S, Frueh BC (2007). Trauma among female veterans: A critical review. *Trauma, Violence, & Abuse*, 8, 384-400.
18. Frueh BC, **Grubaugh AL**, Acierno R, Cain G, Elhai JD, Magruder KM (2007). Age differences on PTSD, psych. disorders, & healthcare use among vets in VA prim care clinics. *Amer. J Geriat. Psych*, 15, 660-72.
19. Frueh BC, **Grubaugh AL**, Elhai JD, Buckley TC (2007). US Department of Veterans Affairs disability policies for posttraumatic stress disorder: Administrative trends and implications for treatment, rehabilitation, and research. *Am J Public Health*.;97(12):2143-5.
20. **Grubaugh AL**, Cusack KJ, Yim E, Knapp RG, Frueh BC (2007). Gender differences in relationship patterns between adverse psychiatric experiences, lifetime trauma, & PTSD. *J Trauma Practice*, 6, 87-98.
21. Zinzow HM, **Grubaugh AL**, Frueh BC, Magruder KM (2008). Sexual assault, mental health, and service use among male and female veterans seen in Veterans Affairs primary care clinics: A multi-site study. *Psychiatry Res*, 159, 226-36.
22. Elhai JD, **Grubaugh AL**, Kashdan T, Frueh BC (2008). Empirical examination of a proposed refinement to DSM-IV posttraumatic stress disorder symptom criteria using the National Comorbidity Survey Replication data. *J Clin Psychiatry*, 69, 597-602.
23. **Grubaugh AL**, Cain GD, Elhai JD, Patrick SL, Frueh BC (2008). Attitudes toward med & mental health care delivered via telehealth applications among rural & urban prim care patients. *J Nerv Ment Dis*, 196,166-70.

24. Danielson CK, Borckardt JJ, **Grubaugh AL**, Pelic CG, Hardesty SJ, Frueh BC (in press). Quantifying staff and patient perceptions of quality of care improvement in the psychiatric inpatient setting: Preliminary findings with a new measure. *Psychological Services*.
25. Long ME, Elhai JD, Schweinle A, Gray MJ, **Grubaugh AL**, Frueh BC (in press). Differences in posttraumatic stress disorder diagnostic rates and symptom severity between Criterion A1 and non-Criterion A1 stressors. *Journal Anxiety Disord*.
26. Frueh BC, **Grubaugh AL**, Cusack KJ, Elhai JD (in press). Disseminating evidence-based practices for adults with PTSD and severe mental illness in public-sector mental health agencies. *Behavior Modification*.
27. Elhai JD, **Grubaugh AL**, Richardson JD, Egede LE, Creamer M (in press). Outpatient medical and mental healthcare utilization models among military vets: Results from the 2001 Nt'I Surv of Vet's. *J Psych Res*.
28. Naifeh JA, Elhai JD, Kashdan TB, **Grubaugh AL** (in press). The PTSD Symptom Scale's latent structure: An examination of trauma-exposed medical patients. *J Anxiety Disord*.

## C. Research Support

### Ongoing Research Support

R01-MH074151 Lindrooth (PI)  
NIMH/NIH

12/15/2006-11/30/2008

### **Precursors and Impacts of Psychiatric Facility Closure**

To examine the determinants and effects of psychiatric facility closure on access to care. Dr. Anouk Grubaugh receives no research funding in direct support of her own independent research for her involvement in this project.

Role: Co-Inv

CD2 07-015-2 Grubaugh (PI)  
VA HSR&D CDA-2

01/01/2008-12/31/2011

### **Improving Mental Health Services for Diverse Veterans with PTSD and SMI**

This award provides protected research and career development activities for the candidate to develop a programmatic line of research to effectively treat veterans with PTSD and severe forms of mental illness.

Role: PI

REA 08-261 Egede (PI/Dir)  
VHA HSR&D

10/01/2008-09/30/2012

### **Center for Disease Prevention and Health Interventions for Diverse Populations**

The Center's mission is to develop and test interventions to improve the health of all veterans, with particular emphasis on ethnic minority and rural dwelling veterans.

Dr. Anouk Grubaugh will not receive research funding in direct support of her own independent research for her involvement in this project.

Role: Co-Inv

### Completed Research Support

VA Proj#0001 Egede (PI)  
VA HSR&D AI Award

01/01/2006-02/31/2007

### **Enhancing PTSD Treatment Outcome among Racial Minorities with SMI (Part of TREP; PI-Egede)**

This award provides protected research time for the candidate to prepare a career development grant to treat patients with PTSD and SMI.

Role: Associate Investigator Award Recipient

R21-MH065248 Frueh (PI)  
National Institute of Mental Health/NIH

12/01/2006-12/31/2006

### **CBT for PTSD among Public Sector Consumers**

To develop and evaluate a multi-component cognitive-behavioral treatment for PTSD among consumers treated in the public psychiatric setting

Role: Co-Inv

R21-MH065248 Frueh (PI)

01/01/2003-12/31/2005

National Institute of Mental Health/NIH

**CBT for PTSD among Public Sector Consumers**

To develop and evaluate a multi-component cognitive-behavioral treatment for PTSD among consumers treated in the public psychiatric setting

(MH065248-02S1; Minority supplement awarded to Anouk L. Grubaugh, Ph.D.)

1/1/04-12/31/05; Emphasis on adherence, attrition, and satisfaction with mental health services.

Role: Co-Inv

**D. Time and Effort:** Research=100%; Clinical=00%; Teaching/Mentoring= 00%; Administration= 00%

This is a statement of overall effort including both VA and university appointments. Dr. Grubaugh currently has a full-time (40 hrs/wk) VA-paid appointment with VAMC Charleston, SC and a part-time, paid faculty appointment (20 hrs/wk) with the Medical University of South Carolina.